Course Selection 2020 Acalanes High School



Course Selection Timeline

- Course request forms distributed Jan 21-29
- Attend Open House Jan 30 to get more information about classes.
- Enter your classes on the Aeries PASS system

 Jan 21 Feb 6
- Turn in Forms Attend your scheduled meeting with your counselor Feb 4-11

Course selection is an opportunity to practice decision making

- Set aside time to talk about it with your family.
- Prepare your thoughts and questions before your meeting.
- What are the decisions that need to be made?
- How do the choices reflect your goals/values?
- What supports are needed to make this plan possible?

Choosing a schedule and alternates

• Choose your classes because you want the class, not because you think a certain teacher will be teaching it.

• Choose alternates and be sure it's an alternate you would be willing to take.

How schedules are created

- Administration decides what courses and how many sections based on number of sign-ups
- Figure out which classes are what period, trying to get the most students the classes they requested.
- Assign teachers
- Finalize schedules--students are assigned a random number and the computer schedules every student.
- Counselors adjust schedules to fit students in when there is a conflict and to balance class size when possible.

ACALANES HIGH SCHOOL PRELIMINARY 4-YEAR PLAN

Class of: 20

Graduation Requirements *	Credits	UC & CSU A-G requirements **	Years
History/Social Science (World History, US History & US Gov't/Econ)	30	"a" History/Social Science	2 years
English	40	"b" English	4 years
Mathematics (Min Algebra 1 plus 2 semesters beyond)	30	"c" Mathematics (must include Algebra 2 or higher)	3 years
Science 1 life science and 1 physical science	20	"d" Science At leat 1 life science and 1 physical science with labs	2 years
World Language or Tech Ed (10 credits each in 2 different areas)	20	"e" World Language	2 years
Visual or Performing Art (VPA)	10	"f" VPA	1 year
Electives	65	"g" College Prep Elective	1 year
Human & Social Development	5		
Physical Education (PE) 10 credits PE 9 required. Additional 10 credits can be combo of PE class and athletic PE	20		
Total Credits	240	Minimum of 15 year-	long courses

^{*}High school credits earned by passing course with a grade "D" or higher.

** College requirements are met by earning a "C" or better in courses. UC and CSU have competitive application processes. These classes plus ACT or SAT are the minimum eligibility requirements.

Total: 60-70 credits	Total: 60-70 credits	Total: 60-70 credits	Total: 60-70 credits
>	>	>	
>	>	>	>
PE	>	>	>
Living Earth	Chemistry of the Earth	>physics recommended	>
Math	Math	Math	>
World Hist/Geog	Human & Social Dev.	US History	US Govt/Econ
English 1	English 2	English 3	English 4
Grade 9	Grade 10	Grade 11	Grade 12

Notes and Questions:	

Student Name:

Time Management Tools

Time Management Activity FILL THIS OUT FOR YOUR BUSIEST SEMESTER

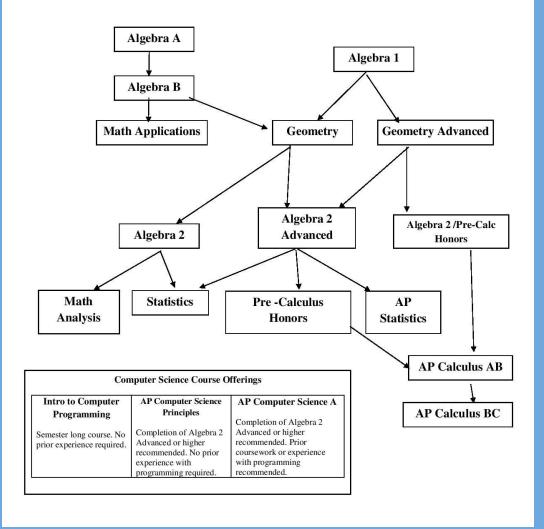
School Activities	Average Hours/ Week
School (5 days x 7 hours)	35
Course Title	
English:	
Social Studies:	
Math:	
Science:	
Language:	
Electives:	
total school hours:	
extra-Curricular Activities	Average Hours/ Week
Paid Job	
Hobbies / Interests	
Community Service	
Sports/exercise	
Music / Performances	
total extra-curricular hours:	
Daily Living Activities	Average Hours/ Week
Sleep (7 days x 9 hours)	
Necessities (eating, showering, chores, etc.)	
Family Time	
Personal time	
Social time with friends	
total daily living hours:	
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otal Hours	Available Hours/Week
School Hours =	Maximum Hours
Extra-Curricular Hours =	
Daily Living Hours =	168
your total hours: vs.	
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Acalanes High School Quick Reference for math pathways

These are the most commonly recommended pathways.

Students seeking alternative pathways should consult with a math teacher and a counselor.

See the District course catalog for course descriptions.



Aeries Pass

Acalanes Union High School District



Students:

Please log in using your auhsdschools.org email address and network password you received at registration days.

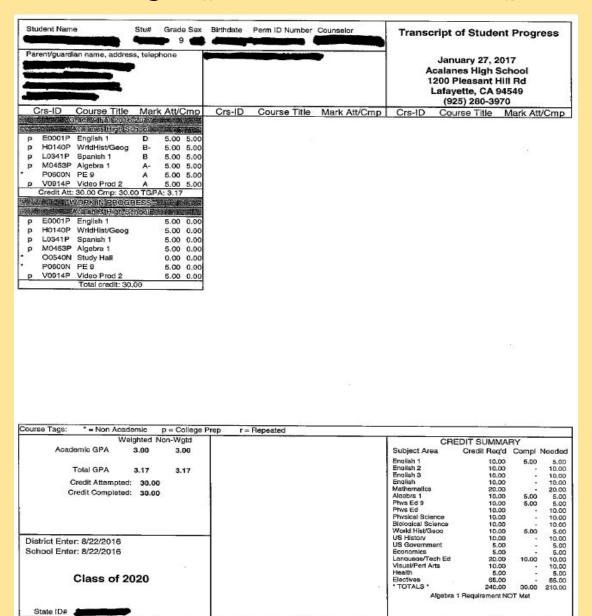
Parents

If you have not logged into this site before, please click Create New Account to register. Follow these instructions. (You will need the Student Perm ID#, Home Telephone Number and Verification Code that was mailed home. If you do not have this, contact your school's registrar.)

Freshmen Choosing Sophomore Classes

	rint) FIRST				
Course #	Course T	itle			
	REQUIRE	D			
1	English 2				
2		y in the Earth System			
3 A	ENTER COMM	nd Social Development (Se	m l		
571	1	O COURSE	,,,	Alternate	
2 D		Course backing to Human and S	Social		ernate course (Check One)
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	45	ction to Ethnic Studies (S)		☐ Introduction to Eth	
	10-0	ght Training (S)		☐ PE Weight Training	
		, Pilates and Fitness (S)		☐ PE Yoga, Pilates an	2.3. 7
4			(Math)	0,	3.7
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Freshmen Choosing Sophomore Classes - Sample Transcript



Date:

This transcript is unofficial unless signed by a school official.

Signature:

Sophomore Year Classes

Should have 30-35 credits completed so far.

Required:

- English 2
- Chemistry of the Earth/Physical Science
- Math: math teachers will make recommendations
- Human and Social development (HSD)- 1 semester
- 1 semester of elective to be taken to balance HSD class (or Off Campus)

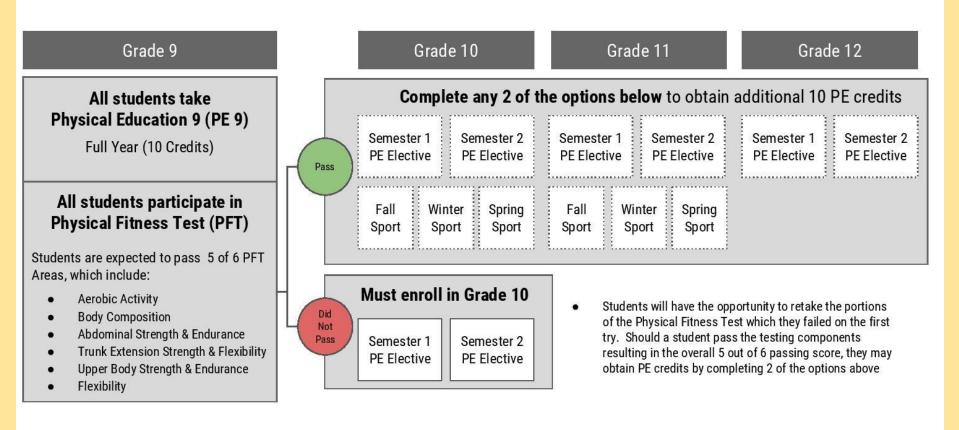
Choices:

- PE -- Physical fitness tests will determine options
- World Language Level 2 required for CA colleges, many competitive colleges want to see Level 3+
- Elective(s) based on interest -- can choose from any department

Semester class Options

- Yoga (PE)
- Weights (PE)
- Intro to Computer Programming: This course exposes students to the fundamental principles and concepts of computer science and programming. Students will learn to code through hands-on assignments which include game design, lab completion, independent projects and pair programming. This course serves as both an introduction to, and foundation for, further study in computer science.
- Introduction to Ethnic Studies: Students course will examine the perspectives and experiences of the ethnic, racial and cultural groups in the United States and their struggles for equality and justice. Students will study the meaning of race, nationality, ethnicity and culture in American society and the roles of stereotypes, racism and prejudice. Students will gain an understanding of themselves and others through classroom activities, discussions, guest speakers, debates, research projects and personal reflection. This class is designed to build understanding, communication and cultural bridges and to strengthen our multicultural and multiethnic school and society.

Physical Education Requirements



New Elective Options

Courses will only be offered if there are sufficient sign-ups

Exploratory Voice Lab: students can learn about their voices through student selected songs from classical folk, jazz, and popular music genres. They will learn vocal techniques, physiology, and a variety of singing styles. Students will have the opportunity to perform for each other, in class, in small and large groups. At the completion of the course they will have solid, healthy vocal technique and will have learned a collection of songs of their choosing.

Survey of Popular Music: offers a curriculum that will provide students the opportunity to make connections with American History, American culture and society in the 20th century, and the changing artistic aesthetics. Using American History as a cultural backdrop, students will better understand the development of various musical genres, compositional techniques, usage of instruments/sounds, and other notable musical characteristics found in American popular music.

Sophomores Choosing Junior Classes

Student I	Name		_ID Numb	er	
	orint) FIRST	LAST			
Course #	Course Ti	tle			
	REQUIRE	D			
1	Check one:	☐ English 3 ☐ Eng	lish 3 Hor	nors	Language & Composition
-		ct your second choice as an alte			
_	Later of				cetion.
2	Check one:	☐ US History ☐ AP	US Histor	ry	
	SELECTED	COURSE		Alternate	
3		Physics or AP Physics 1 Reco	mmended		
4		Math Course Recon	nmended		
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7					
Semester	Course Sig	n Up – Available to studer	nts takin	g a minimum 6 vearlo	ng courses
		for semester long courses. If taking semes			
		ace and schedule allows it, Grade 11 stude			
	Seme	ster Course Selection		Alternate Semester C	Course
Semester A			emester)	,	(Semester)
Semester B			emester)		(Semester)
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areer Technical Ed		Math Continued	Special Educ		VAPA Continu
rchitectural Design utomotive Enginee		AP Calculus AB Introduction to Computer Science (S)	Learning Ski Life Skills	lls	Symphonic Band (Audition) AP Music Theory
dvanced Automoti		AP Computer Science A	LITE SKIIIS		Ar Music Meory
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ood Technology			Art 1		French 1
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	,	Engineering & Applied Physics Honors	Video Produ		Spanish 1
lath		Environmental Science	Video Produ	ction 2	Spanish 2
lgebra B		Physiology	Video Produ	ction 3	Spanish 3
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lgebra 2		AP Physics 2		rmance 1 (Chorale)	Intro to Ethnic Studies (S)
		The second secon		rmance 3 (Concert Choir)	Leadership (See AHS Select'n Process
		Social Science			
lgebra 2 Advanced Igebra 2/Pre-Calcu	lus Honors			rmance 4 (Chamber Singers) (Aud'n)	Peer Tutoring
- Igebra 2 Advanced Igebra 2/Pre-Calcu Iath Analysis		US History	Exploratory	Voice Lab	Publications (formerly Yearbook)
lgebra 2 Advanced Igebra 2/Pre-Calcu Iath Analysis re-Calculus Honors		US History Contemporary Issues & Public Policy	Exploratory Survey of Po	Voice Lab pular Music	Publications (formerly Yearbook) Advanced Publications
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Sophomores Choosing Junior Classes - Sample Transcript

		Birthdate P	erm ID Number	Counselor	Transcript	of Student	Progress
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Junior Year Classes

• Should have around 90 credits completed so far.

Required:

- English 3/Honors English 3/AP Language
- US History (AP option)
- Math 30 credits of math required. See math pathway and get teacher recommendation before choosing a class

Choices:

- Science-- Students are encouraged to take Physics of the Universe or AP Physics 1. Some colleges require 3 years of science.
- World Language-- not required for graduation but many colleges recommend at least level 3
- Choose a VPA class if you haven't taken one yet
- Check your PE credits!
- Optional 7th class/elective
 - You can choose an Off Campus 1st or 7th period

Junior Year English Options

English 3 - American Literature: English 3 builds and extends the knowledge learned in English 2 and focuses on the study of reading, writing, language, and speaking and listening as outlined in the California Common Core State Standards. There is an increased attention on critical thinking, increasingly complex texts, informational text and nonfiction, integrating technology, and academic vocabulary. Emphasis is placed on traditional and contemporary American Literature and nonfiction/informational reading materials.

Honors English 3: There is an increased attention on critical thinking, increasingly complex texts, informational text and nonfiction, integrating technology, and academic vocabulary. Emphasis is placed on traditional and contemporary American Literature and nonfiction/informational reading materials. This course provides additional depth of study in the development of advanced, writing, analysis, and literary criticism skills beyond that required within the English 3 curriculum. The honors course is a lively, active class for students who enjoy reading and writing. Our driving question for the year is: What does it mean to be an American? We also work on developing each student's individual voice through writing assignments which range from the creative to the critical. Students leave Honors English with a clear grasp of the complexities of the American Story, including issues of class, race, gender, and status; students also leave Honors with the ability to marry analytical power with individual voice. Honors English challenges a student's intellectual capacity in a safe environment.

AP Language and Composition- AP curriculum with more emphasis on rhetorical skills and more non-fiction texts. Learn about the elements of argument and composition as you develop your critical-reading and writing skills. You'll read and analyze nonfiction works from various periods and write essays with different aims: for example, to explain an idea, argue a point, or persuade your reader of something. The course focuses on the development and revision of evidence-based analytic and argumentative writing, the rhetorical analysis of nonfiction texts, and the decisions writers make as they compose and revise. Students evaluate, synthesize, and cite research to support their arguments. Additionally, they read and analyze rhetorical elements and their effects in nonfiction texts—including images as forms of text— from a range of disciplines and historical periods. This course may be taken to satisfy the third year of English language requirement.

New Courses

Courses will only be offered if there are sufficient sign-ups

Exploratory Voice Lab: students can learn about their voices through student selected songs from classical folk, jazz, and popular music genres. They will learn vocal techniques, physiology, and a variety of singing styles. Students will have the opportunity to perform for each other, in class, in small and large groups. At the completion of the course they will have solid, healthy vocal technique and will have learned a collection of songs of their choosing.

Survey of Popular Music: offers a curriculum that will provide students the opportunity to make connections with American History, American culture and society in the 20th century, and the changing artistic aesthetics. Using American History as a cultural backdrop, students will better understand the development of various musical genres, compositional techniques, usage of instruments/sounds, and other notable musical characteristics found in American popular music.

AP Physics 2 This course is the second of a two-year course sequence. AP Physics 2 is equivalent to the second semester of a typical introductory, algebra-based, college physics course. It covers electricity and magnetism, thermodynamics, fluids, and modern physics. Students will have time to gain a greater depth of conceptual understanding through the use of inquiry-based practice. Students will learn important science process skills such as explaining casual relationships, applying and justifying the use of mathematical routines, designing experiments, analyzing data, and making connections across multiple topics within the course.

Timeline for Sophomores

Spring of Sophomore Year

- Choose courses wisely for Junior year
- Start visiting colleges and college fairs in the area
- Plan something fun and interesting for summer: volunteer work, internship, job, research project, travel, etc

Things To Consider

- Demands on your time when selecting courses
- 7 vs 6, how many AP/Honors to take (if any), etc. .
- How your junior year classes will lead into senior year classes
- How your courses align with your goals
- Create a balance over the next two years.
 - consider SAT/ACT testing, college applications, etc.

Senior Year Classes

• Should have close to 150 credits completed so far.

Required:

- English 4 (theme classes and AP option)
- US Government and Economics (AP Comparative Government option)
- A visual or performing art, if you haven't taken one yet
- A PE class (cannot use a sport) if 20 credits have not yet been completed.

Choices:

- 4th year of math depending on college goals
- 3rd or 4th year of science depending on college goals
- Continue with world language depending on college goals
- Electives

Sign up for things you are interested in!

Juniors Choosing Senior Classes

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		all grade levels, please see the 2020-20						
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ometry		AP Physics 2		Performance 3 (Concert Choir)	Advanced Publications			
		**		Performance 4 (Chamber Singers) (Aud'n)	*See Publications selection pro			
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Juniors Choosing Senior Classes - Transcript Example

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Senior Year English Options

English 4: Emphasis is placed on world literature and nonfiction. The course prepares students for the rigor of college-level reading and writing. English 4 texts include both fiction and non-fiction, spanning a variety of time periods and authors. In English 4, students consider some of the essential philosophical questions.

English 4: The Mysterious, The Grotesque and the Fantastic: This course focuses on the evolution of the modern mystery plot, tracing a long arc from its emergence in eighteenth-century Gothic fiction to its contemporary reinventions in radio, movies, TV and podcasts.

English 4: Don't Tread on Me: Rebels, Outcasts & Iconoclasts in Literature: This course will examine how a wide variety of characters seek to shape their own paths despite legal, social, cultural and religious restrictions.

English 4: Deconstructing Race: Students will discuss, write, and engage in research about their origins, their identities, and the awareness of how race, racism, and anti-racism impact their lives.

AP Literature: In the AP English Literature and Composition course, students devote themselves to the study of literary works written in, or translated into, English. Careful reading and critical analysis of such works of fiction, drama, and poetry provide rich opportunities for students to develop an appreciation of ways literature reflects and comments on a range of experiences, institutions, and social structures. Students will examine the choices literary writers make and the techniques they utilize to achieve purposes and generate meanings.

College Planning

- Step 1: Juniors sign up for and attend an academy session on Naviance instruction with Ms. Reicher in the College & Career Center.
- Step 2: Juniors complete all assessments in "about me" section on Naviance (will learn about these during the academy session)
- Step 3: Juniors sign up for 1-on-1 session with Ms. Reicher (parent is welcome to attend, but student must manage details of appt)
 - *** Must complete steps 1 and 2 before meeting can occur
- Naviance workshops for parents will be held in the spring. More details to come later.
- Juniors will have classroom presentations on January 28-29th and meet with their counselor about senior year classes and general junior year related questions in early February.

FAQ

• Should I take 6 or 7 classes?

We encourage you to take advantage of the variety of electives offered at Acalanes. It's a personal decision taking into account your goals and your other time commitments.

• What is an AP class?

AP stands for Advanced Placement. The class follows the AP content standards. There is a cumulative test created by AP/College Board at the end of the course that is optional. Some colleges give college credit or waive certain class requirements for a high score on the AP exam.

• What is the difference between an AP and Honors class?

An AP class follows AP program guidelines. Honors is a designation that is only within our school district. Honors courses are an extra challenge and depth beyond college-preparatory. They are sometimes considered pre-AP.

FAQ continued

- Is it better to have more AP's or a better GPA?

 Every student needs to balance challenging courses and GPA. AP classes are for those who want deeper knowledge and more challenge in a subject that interests them.
- What if I take a summer course?

 Acalanes District summer school is for remediation. (Repeating a required course after earning a D or F semester grade) Geometry is the only summer school class we offer for advancement. Courses taken at other schools/colleges for enrichment are for enrichment only-they will not appear on the Acalanes transcript. All graduation requirements must be taken at Acalanes. Talk to your counselor about any specific
- If I change my mind after I turn in my forms, can I still change my classes?

situations you are considering.

Maybe. The number of courses we offer is based on the sign-ups in February. We cannot guarantee space available later.

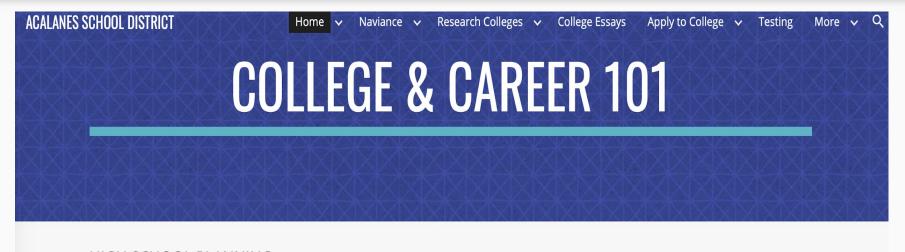
Summer Opportunities

- Summer is the time to do things there isn't time for during the school year
- It's a great time to try something new, practice new skills, learn about a topic that's not offered at school.
- It's another great opportunity for students to practice decision-making and initiative.

Use the College and Career Center and Naviance to research:

- jobs and internships
- college classes
- volunteer opportunities
- travel experiences

Resources



HIGH SCHOOL PLANNING

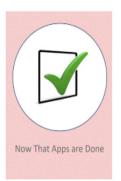












COLLEGE PLANNING

What's the process?

January - March - Juniors

- 1. Attend Academy Session
- 2. Naviance Workshop
- 3. Complete Assessments

March - May - Juniors

- 1. One on one meeting with College Advisor
- Parents may join the meeting
- 3. Letter of Rec requests

All information is shared through school loop. Naviance portals shared with students log in.

Standardized Tests

- PSAT offered in Oct., meant for juniors
- Create separate gmail account.
- Junior grades are very important; focus on testing in the spring
- 6 month prep, typically 2-3 sittings
- How to Register:
 - SAT: <u>www.collegeboard.org</u>
 - ACT: <u>www.actstudent.org</u>
- Prep classes offered on campus
- Mock Testing
- Books on Amazon
- Free resources for study



Plan a campus visit

- Visit when school is in session
- Sign up online for campus tour, and do the tour!
- Student should stay overnight if offered
- Eat in the dining commons
- Attend a class
- Pick up a school paper
- Keep notes about each school
- Reflect on the experience and evaluate the campus
- Take pictures
- Pick up a "tips sheet" from the CCC.









Summer! What should we do?

- 1. Get a job!
 - a. Philz, Yogurt Shack, Tutus, Starbucks, Subway, Oakwood, Khan, Trader Joe's, Taco Bell
- 2. Summer Sessions on College Campus
- 3. Find unique opportunities
- 4. Mission trips through place of worship
- 5. Follow a personal passion
- 6. Spend time outdoors and with nature

Thank you for coming!

GO DONS!